







# CO-PRODUCTION

# GROUPS

### OVERVIEW

Adoption East Midlands' co-production groups unite adopters and professionals to shape services collaboratively. Held online via MS Teams, these groups focus on key areas such as Education, Parents Together in Adoption (formerly Complex Trauma), and Parenting Teenagers. They provide a space for shared learning, lived experience, and peer support-ensuring adopters' voices drive service development across the region. By participating, you help create stronger connections and more responsive support.

## HE GROUPS

We host several co-production groups. All of these groups are held online via Microsoft Teams. You can find out more below and book onto a group:



#### Parents Together in Adoption

Our parents together in adoption (formerly complex trauma) group meets on Wednesdays from 9.30am to 11am.



### Parents of Teenagers

Our parents of teenagers group meets on Tuesdays from 7.45pm to 9pm.



#### Education

Our education group meets in a morning from 9.30am to 11am.



CLICK HERE!

SCAN





#### THE AIMS

- · To create collaboration between professionals and families, ensuring services reflect real needs and challenges.
- To empower adopters by involving them in shaping services and support through shared lived experience.
- · To improve outcomes for adopted young people and their families.

Book Now!