

YOUNG PERSON -OCTOBER EVENT-

8 - 12 years old

Wednesday 29th October

10AM - 3:00PM

Join Us for Fun and Exciting
Children Activities!

Every child
who attends
will receive a
free skipping
rope!

Young Person Skipping Workshop

Join a fun, supportive space where young people can connect through the rhythm and movement of skipping. These sessions use playful patterns, coordination games, and group activities to support sensory integration, boost confidence, and encourage self-regulation.

Other activities Include:

- Making delicious flapjacks
- Make autumn decorations
- Various art and craft projects

Details:

- Please bring your own lunch to the event
- Refreshments and biscuits will be provided

CLICK HERE!



EXPRESS YOUR
INTEREST HERE



For more information, please email:

adoptionevents@adoptioneastmidlands.nottscg.gov.uk

**This poster was designed by the Voice of Adoption Youth Group*

 **Adoption**
East Midlands
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